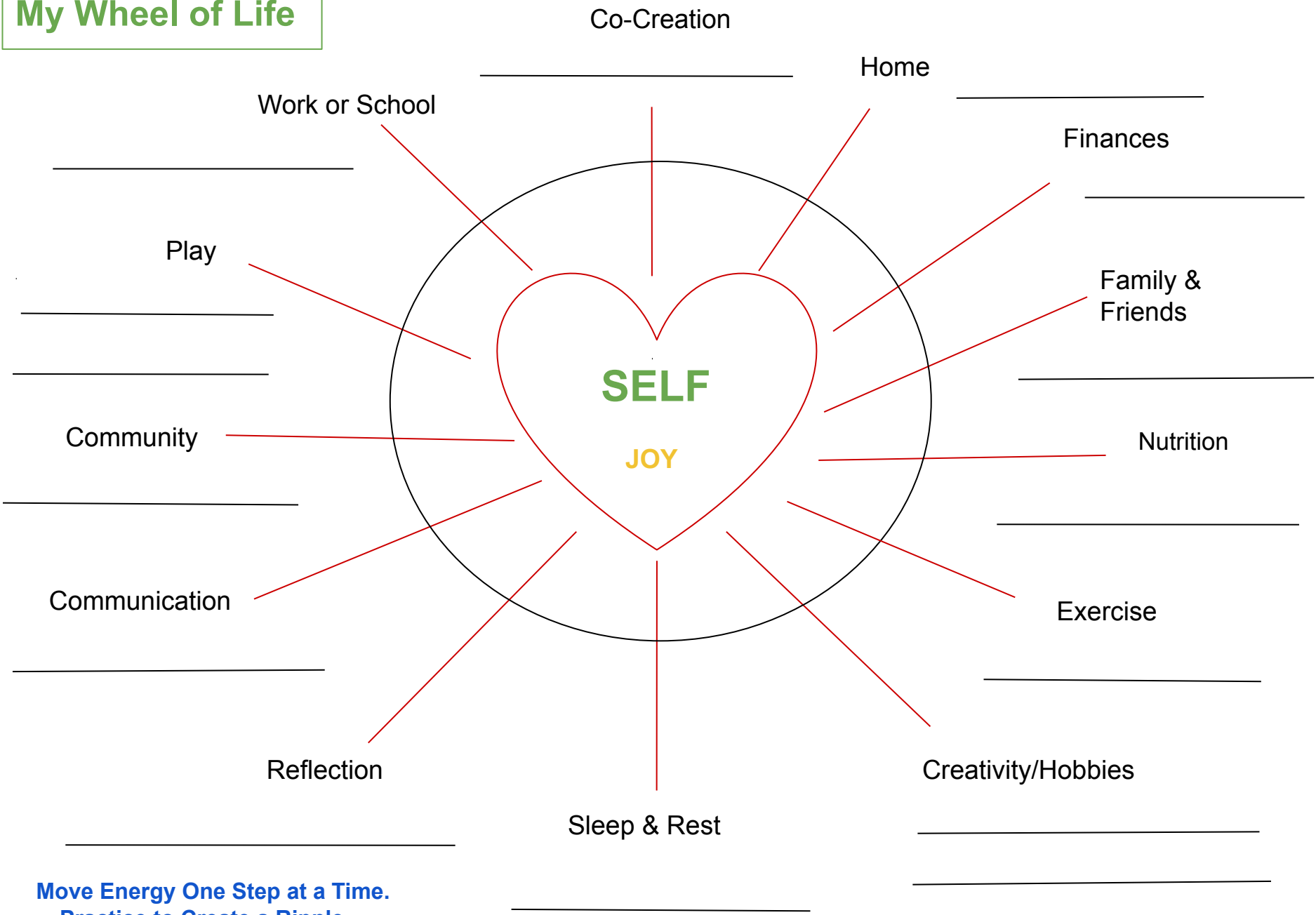


My Wheel of Life



Move Energy One Step at a Time.
Practice to Create a Ripple...
or a WAVE!